

ELISA S. ZIED, M.S., R.D., C.D.N.

Nutrition Consultant
125 East 79th Street, Suite 5D
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EDUCATION

New York University, New York, NY.
Master of Science, Clinical Nutrition, May 1995. GPA: 3.98.

University of Pennsylvania, Philadelphia, PA.
Bachelor of Arts, Psychology, May 1991. GPA: 3.3.

EXPERIENCE

6/04-present

National Media Spokesperson, American Dietetic Association.

- Serve as a media representative for the ADA, the nation's largest organization of more than 70,000 dietetics professionals. Work with the media (including broadcast, print and radio) to provide credible, accurate and science-based information related to nutrition, diet and health.

2/00-6/04

Media Representative, New York State Dietetic Association.

Represented the state affiliate of the American Dietetic Association in television and print interviews on a variety of nutrition-related subjects.

3/97-present

Private Nutrition Consulting Practice, New York, NY.

- Perform comprehensive nutrition assessments and provide on-going medical nutrition therapy to healthy individuals and those with chronic diseases.

4/96-5/97

Lawrence Hospital, Bronxville, NY. Clinical Dietitian.

- Performed nutrition assessments and provided dietary instruction to in-patients.
- Created and implemented "*Why Weight*," an 8-week out-patient weight management program.

9/95-3/96

AP4 at New York University, New York, NY, in affiliation with Cabrini Medical Center, and Dr. Dean Ornish's Program for Reversing Heart Disease at Beth Israel Medical Center.

12/93-8/94

Cardio-Fitness Center, New York, NY. Nutritionist/Exercise Specialist.

- Created personalized nutrition and exercise programs.
- Conducted fitness evaluations.

CERTIFICATIONS

Certified Dietitian/Nutritionist, New York State Department of Education (since 1996).
Certified Personal Trainer, American Council on Exercise (since 1994).

AFFILIATIONS

American Dietetic Association- Nutrition Entrepreneurs, Dietitians in Business and Communications, Sports, Cardiovascular, and Wellness Dietitians, Weight Management, and Pediatric Nutrition Practice Groups.
New York State Dietetic Association.
Greater New York Dietetic Association.

HONORS

Alan C. Greenberg Scholarship, Fall 1994/Spring 1995.
Kappa Omicron Nu National Honor Society.
Dean's List, Spring 1988.